



30 SEPTEMBER, 2022

# NEWSLETTER

ISSUE IV

## OPPORTUNITIES AROUND CAMPUS

UPCOMING CLUB EVENTS, SCHOOL SPORTS GAMES, VOLUNTEERING, ETC.

### ON THIS WEEK'S ISSUE...

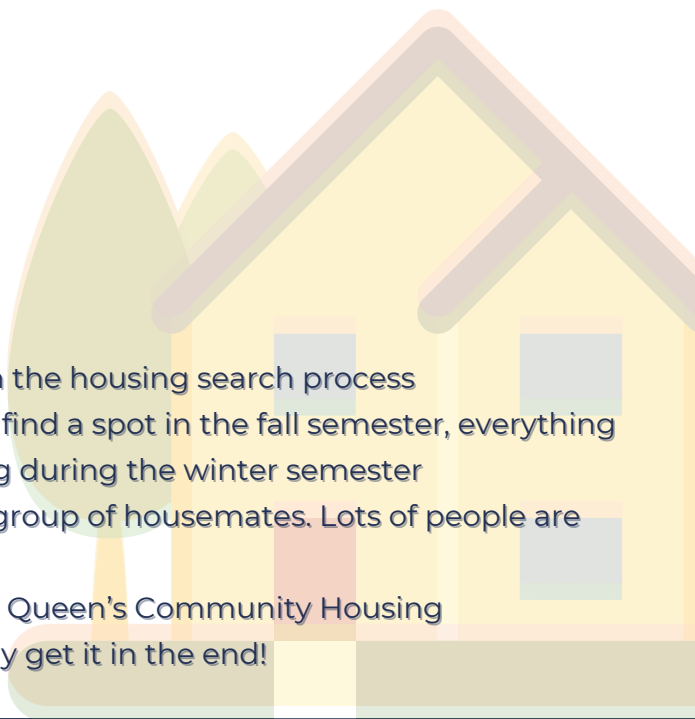
HSL's Mentorship Team provides handy insights on opportunities around campus. From upcoming club events, to managing student life and housing advice, to tips and tricks for succeeding, this week's newsletter is perfect to learn something new!



### STUDENT HOUSING

Successfully securing student housing for second year and beyond is regarded by many students as some of the highest non-academic stresses. However, this weight can be lifted if you utilize the right information and resources! Here is some advice we have for you!

- Students hear a lot of mixed advice and experiences with the housing search process
- **Our advice:** Start early if you can. Don't stress if you can't find a spot in the fall semester, everything eventually works out, and many people find their housing during the winter semester
- You don't need to start the searching process with a set group of housemates. Lots of people are looking to find 1-2 extra housemates to fill a house!
- There are other options such as being a residence don or Queen's Community Housing
- Bottom line is that everyone who wants housing will likely get it in the end!



STAY CONNECTED



Follow us on our socials for more content and updates on upcoming events you don't want to miss out on! Feel free to message us with any questions you might have.

## SUGGESTED RESOURCES

***Here are some resources we compiled, but options are not limited to this list!***

- Community Housing Accommodations Listing Service (ALS)
- Facebook Group for Housemate Searching + Other Resources

### ***Landlord / Property Management Groups:***

- Amber Peak
- Reid Properties
- Axon Properties
- Frontenac Property Management
- Limestone Property Management
- Panadew Property Management

***PLUS MANY MORE!***

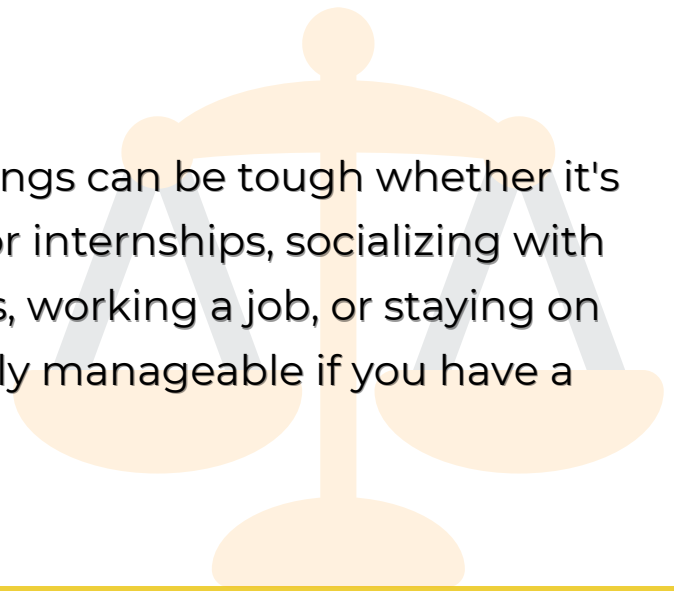
## SOME GENERAL ADVICE...

- Establish your ideal criteria, but not all boxes need to be checked in the end! (ie. location, size, renovations)
- If living in a house/apartment with fellow students, your housing experience will be significantly enhanced if you can find a group with shared interests and living habits
- If you have secured housing, try to contact the current tenants if possible - it will be good to coordinate the transition, and they may have some furniture for sale.



## WORK-LIFE BALANCE

In the Commerce program, balancing things can be tough whether it's attending networking events, applying for internships, socializing with friends and family, joining COMSOC clubs, working a job, or staying on top of your course load. But, it is absolutely manageable if you have a good work-life balance.



### Here are 3 strategies you can implement:

#### 1. Budget your time to maximize it

- Plan beforehand to make the most of your time
- Create a thorough weekly schedule to help you manage the time you devote to your academic and extracurricular activities
- Make sure you schedule time for rest and self-care

#### 2. Ask for help

- If you're confused, don't be hesitant to see a professor during office hours; that is what they are there for!
- Asking for assistance will prevent you from wasting time attempting to figure anything out on your own
- There are several tutoring initiatives available (i.e. Braintrust, CommAdvantage, etc)

#### 3. Keep yourself healthy

- Regular exercise can help you stay energized and keep your mind sharp while you're studying
- Getting enough sleep can improve your alertness and reduce stress



**STUDENT SUCCESS****STUDENT ACADEMIC SUCCESS SERVICES (SASS)**

SASS assists students with writing essays, reports, theses, how to study effectively and so much more. Closer to exam time they offer tips and tricks on how to prepare for exams and provide group study sessions. This is a free service available to all Queen's students and is a great way to improve overall grades. You can book an appointment online to meet with an expert.

Website: <https://sass.queensu.ca/>

**CAREER ADVANCEMENT CENTER**

The CAC, located in Goodes is filled with lots of friendly career coaches that provide excellent support on a wide range of subject matters. They will assist you with creating your personal brand, resume building, interviewing tips and discovering a career suitable for you! They provide Smith students with a wide variety of resources even post-graduation. Students can book an appointment with the CAC in person or online through Quest. The network you have being a Smith student is incredible and as simple as reaching out to an alum on LinkedIn to find out more about their career, or e-mailing a current student to set up a coffee chat!



Website: <https://smithlearning.ca/d2l/home/66072>

**STUDENT WELLNESS SERVICES**

SWS is available to all Queen's University students and assists with personal, academic and social health. Ensuring you are in good health throughout university is critical to academic success. You can book an appointment with them online through their website. They also offer direction to alternative resources through their website such as Empower Me and Therapy Assistance Online (TAO).

Website: <https://www.queensu.ca/studentwellness/>



**COMSOC FEATURE**

The Smith Commerce Society is the student government for the Smith School of Business. It is comprised of approximately 60 students in years 1-4 who have a passion for making a difference and getting involved within the program.

**PORTFOLIOS:**

Presidential Portfolio  
Operations  
Student Affairs  
Advisory  
Assembly

**CORE FUNCTIONS:**

- Serves to create an equitable hiring space for Smith Students
- Working towards implementing EDII initiatives within the program
- Speaking on behalf of the students
- Facilitating a safe community for Smith Students to immerse themselves in
- Bringing awareness to and hosting events within the Smith Community

**HELPFUL RESOURCES:**

Use the **ComSoc Events Calendar** to get a comprehensive overview of all the conferences, events, hiring, and case competitions happening at Smith!

<https://www.my.comsoc.ca/events/calendar>

Explore the **Student Wellness** page to access different resources within Comsoc and AMS!

<https://comsoc.ca/student-wellness>

Check out the **ComSoc Instagram** page for Smith School of Business updates on hiring, events, and “Humans of Goodes” features!

<https://www.instagram.com/commercesociety/>

**GENERAL HIRING FOR THE COMSOC TEAM WILL OCCUR DURING THE MARCH HIRING PERIOD IN EARLY MARCH!**





## UPPER YEAR OPINIONS: WHAT'S THE BEST THING ABOUT QCOMM?



My favourite thing about QComm is the strong sense of community. Because of Smith's diverse range of clubs and on-campus organizations, it is easy to find people you really connect with regardless of your interests.

**-Abbie Falle, 3rd-year, Co-Chair (QWIL)**

My favourite thing about QComm is the diverse opportunities students get to get involved. Though being on a club is the most popular way of getting involved, there are other opportunities like conferences, membership programs, and events that are equally as valuable and fun!

**THE AGENCY**



**-Reem Gharib, 3rd-year, Co-Chair (The Agency)**



My favourite thing about QComm is the large number of special events offered to us. No other faculty has these opportunities. Starting at the beginning of first-year you are able to attend incredible conferences, evening events, sports games, and so much more. Taking advantage of these opportunities has made my QComm experience very special, and I recommend all new students do the same.

**-Jacob Woodhouse, 3rd-year, Co-Chair (QCIB)**

My favourite thing about QComm is the sense of community when you walk through Goodes. In the hallways, there is never a time you feel alone in the building. Our program is unique in the sense that it allows us to really get to know our classmates. Whether you say hi to someone in passing or have a conversation in the Starbucks line, there's always someone to make you feel welcomed.

**-Aidan Bischoff, 3rd-year, CFO (COMSOC)**



**THAT'S ALL!**

HAVE A GREAT READING WEEK COMM '26

