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# NEWSLETTER

ISSUE II

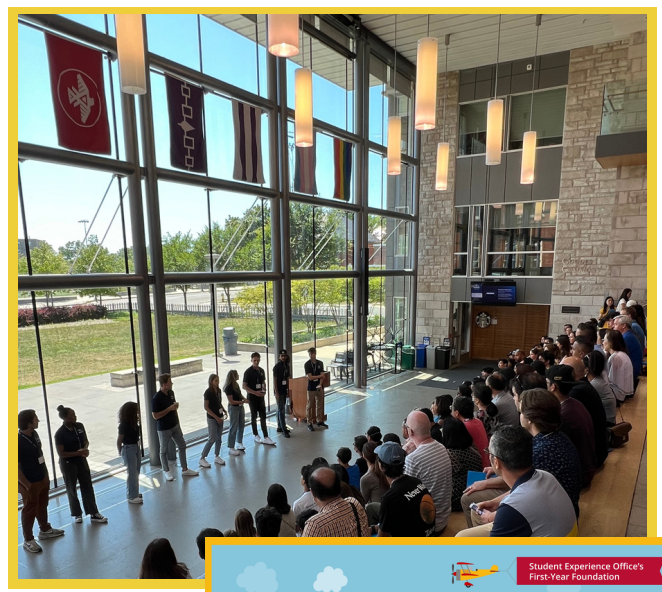
## Summer Orientation → Academics and Resources: Recap!

### WHAT IS SOAR?

The Summer Orientation to Academics and Resources (SOAR) program is an on-campus summer orientation program for incoming first-year Queen's students and their parents/supporters.

### WHAT WAS THE OBJECTIVE OF SOAR?

- Introduce resources and support services to all incoming students
- Address questions or concerns about university life
- Assist students in adjusting to new academic demands



During this one-day session, students had the chance to visit campus and build relationships with upper-year students and other freshmen. Participating in SOAR was a terrific opportunity to connect with classmates, discover important resources for the upcoming academic year, and have fun.

**WE HOPE YOU ALL ENJOYED ATTENDING!**

**STAY CONNECTED**



Follow us on our socials for more content and updates on upcoming events you don't want to miss out on! Feel free to message us with any questions you might have.

## RESOURCE LIST

### SMITH CAREER ADVANCEMENT CENTRE

The CAC provides support and resources to help students with recruiting processes and personal development. Other items include:

- Career direction exploration and job search
- Personal brand and LinkedIn support
- Resume and cover letter feedback and workshops
- Coffee chats and alumni connections
- One-on-one meetings
- Interview prep

Find the CAC resources by scrolling down on the home page of the Smith portal! You can also find more information about the CAC here:

[https://smith.queensu.ca/bcom/experience/career\\_support/index.php](https://smith.queensu.ca/bcom/experience/career_support/index.php)



### SMITH IT CENTRE

More commonly called the "Techplex", the Smith IT Centre offers technical, print-related, and multimedia support for Smith students and faculty. It is located in the basement of Goodes Hall.

### GOODES BREAKOUT ROOMS

These breakout rooms are great for group study sessions or working on projects with your peers. They can be booked through the SmithSpace button on the Commerce Portal.

## CAMPUS HIGHLIGHTS



### QUEEN'S ATHLETICS & RECREATION CENTRE

The ARC offers access to a 3-floor gym, pool and basketball court for you to use! It's also home to Common Ground Coffee House (COGRO) and is a popular study spot. They also have various places to use your flex dollars, such as Tim Hortons, Booster Juice, and Pita Pit!

<https://gogaelsgo.com>

### JOSEPH STAUFFER LIBRARY

- With 4 floors full of studying space, Stauffer is the perfect spot to get some work done in between classes
- It's located right beside Goodes Hall and has various academic resources and study monitors for personal use!
- Study rooms for 1-6 people are available for booking

<https://library.queensu.ca/locations/stauffer-library>



## WHAT TO EXPECT OUT OF KINGSTON

Apart from engaging in exciting summer programs and orientations such as SOAR, it is also important as incoming students to get to know the place you will be living! You will come to know that Kingston is a beautiful and historic city that has much to offer. Here is a short list of some of the HSL Executive Team's favourite things about Kingston:



### ***GORD DOWNIE PIER/BREAKWATER PARK***

Located right on campus, the pier is a beautiful place to visit. During the warmer months, you can enjoy swimming, relaxing, playing sports, and more. In the winter months when Lake Ontario freezes over, many people go skating!

### ***FORT HENRY***

For those wanting a long scenic walk from campus or to appreciate Kingston's National Historic Site, Fort Henry is a beautiful place to visit. Along the way is The Royal Military College, where you can see historic military and air force memorabilia on display.



### ***ONTARIO STREET AREA***

One of the most popular Kingston tourist destinations is the downtown Ontario St. strip. Here you will find City Hall, ferries to Wolfe Island, great dining, and Confederation Park, which is home to the Kingston sign, Engine 1095, and more.

### ***FOOD***

Speaking of good dining, Kingston is home to the most restaurants per capita in Canada. From cheap eats to fine dining and everything in between, Kingston has diverse options for all foodie's. Some of the city's most popular spots include Woodenheads, Tango Nuevo, Pan Chancho, and Grecos.



## SEE YOU SOON!

We loved seeing everyone at the Summer Orientation to Academics and Resources! If you weren't able to attend, we look forward to seeing you in the halls of Goodes. Please don't hesitate to reach out to any HSL member you see, we'd love to chat!

